Jack 15 — Sept. 23, 2023



Important runner information

Packet pickup

- Friday, Sept. 22 4-7 p.m. in the southeast corner of the Sanford-Jackrabbit Athletic Complex on the SDSU campus.
- **Saturday, Sept. 23** 7 to 8:15 a.m. in White. Use the east entrance of the Deubrook High School gym (100 School Ave., two blocks west and one block south of starting line).

If you're not running

The race is run on County Road 25, a paved road going south out of White, and County Road 8, a dirt and paved road going west until it reaches Road 471 / Medary Avenue (old Highway 77), which runs to the finish line.

There is virtually no shoulder on Road 25 and the course will be crowded at this point. Please consider waiting a few miles before cheering on your runner. If you're transporting relay runners, please drop off the runner at Mile 3 and head to Road 8 (about 3 ½ miles). There is a gentle shoulder on the north side to park and cheer on your team.

Amenities

- Aid stations at miles 3.5, 6, 9, 12 and 14.5 with water and Powerade.
- Porta-potties by funeral home near the starting area, near mile 8, at mile 12 and near the Campanile at the finish.
- Bag drop at the school and near the start line. Bags taken to refreshments area at finish.
- Showers available at the SDSU Wellness Center, northeast of finish line. Runners must furnish own towels. Parking available in the north lot.

Race start

• 8:30 a.m. for individuals and relay teams.

Those in need of an early start should contact the race director.

Proceeds:

• Race proceeds help fund the Prairie Striders/Phil LaVallee Scholarship, which goes to a SDSU distance runner.

Transportation

- Traffic will be controlled at the Highway 30 and Highway 14 intersections. All roads on the course remain open to traffic.
- A Bible Baptist Church van will leave at 7 and 7:45 a.m. from the Campanile (finish line, 900 block of Medary Ave.) to Deubrook High School gym (100 School Ave., two blocks west and one block south of starting line). A Boys & Girls Club bus will leave from the Campanile at 7:30 a.m. to Deubrook High School gym.
- No transportation provided between relay exchange points.

Results and prizes:

• **Individuals:** In an 11 a.m. ceremony at the Campanile, we will honor the top three placers male and female, open and masters, as well as the overall male and female champions.

Certificates for the top three placers in age groups, male and female, will be awarded. Certificates will be on a table near the door prizes. Results will be posted there also.

- **Relay teams**: Certificates and T-shirts to champions for male, female and coed in each relay division. Certificates and results will be on a table near the door prizes. Shirts, separated by size, will be in boxes on the Campanile steps. Teams should serve themselves.
- Door prizes: Check the poster at the refreshment table to see if you won a door prize.
- Full **results will be posted** later in the weekend at PrairieStriders.net & raceentry.com.
- **Historical results**: Jack 15 results from 1963 through 2022 can be found at: http://www.prairiestriders.net/jack-15---all-time-history-results.html
- **Photos**: 2023 race photos taken by Jim Hopewell. They can be found at: https://photos.app.goo.gl/AMipRspc1zWhUWao9

A clickable link is on the Jack 15 webpage at prairiestriders.net. Scroll far down the page.

Course notes:

The course was recertified through USA Track & Field in 2021. Miles are marked with an American flag, a sign and pavement markings, which mark the exact mile point. At Miles 9 and 15, a bridge and the sidewalk prevent the sign and flag from being at the exact mile point.

Kids run:

10:45 a.m. Open to all children through age 12. Distances: .1 mile for 5 and younger; .25 mile for ages 6-8; .5 mile for ages 9-12. Register, start and finish at the Campanile. Free entry, free T-shirt. Organized by Miller Wellness Center, <u>Jacob.Heidenreich@sdstate.edu</u>

Race directors: Dave Graves, 651-4361; Brett Pettigrew, 999-0907.

