



Prairie StridersTM

Running Club

BROOKINGS, SD EST. 1969

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Box 504, Brookings, SD 57006

Tuesday, Nov. 1, 2022

Noon, Mills Construction, 1311 S. Main Ave., and via Zoom at:

<https://sdstate.zoom.us/j/91498269489>

Present: Dave Graves, president; Jay Larsen, treasurer; Randy Hanson, Brett Pettigrew, Nancy Scholl, vice president. Present via Zoom: Matt Bien, Shari Landmark.

1. Approved **Oct. 4 minutes** for posting on website.
2. **2023 officer nomination**—(Elect in December, take office in January. Current officers — President — Dave Graves
Vice president — Nancy Scholl
Treasurer — Jay Larsen
Webmaster — Trevor Penning

Scholl will have a conflict on Tuesdays from here on out, so she will no longer be serving on the board. Becka Foerster has agreed to serve as vice president and was nominated as were the other existing officers, who agreed to serve another one-year term. A motion was approved to nominate those four to the December election.

3. Consider donation to the Mark Steinborn Memorial — Jay Larsen

Funds go toward SDSU track scholarships

Miles & Lisa Beacom are providing \$1 million in matching dollars toward scholarships for the SDSU men's and women's track and field teams through a fundraising effort being coordinated by the SDSU Athletic Department and the SDSU Foundation.

Steinborn, of Sioux Falls, was a 1981 SDSU graduate who ran track at State and died in a 2021 hunting accident.

After some discussion whether to make a donation to the Prairie Striders/Phil LaVallee Memorial Scholarship, which goes to an SDSU distance runner, or contribute to the Steinborn Memorial, Jay Larsen made a motion for a \$1,000 donation to the Steinborn fund. Brett Pettigrew seconded the motion.

During discussion, Jay noted \$2,625 has already been donated by members toward the club's scholarship. Dave Graves noted Jack 15 runners donated \$210 when they signed up for the race and the race anticipates donating \$1,000 toward the club scholarship.

Larsen said the Prairie Striders has supported the SDSU Track & Field and Cross Country teams and a donation for matching funds expresses the club's appreciation for the teams. Also, SDSU provides assistance with some of the club's races, including the Indoor 5K.

Bien noted the impact of having a donation doubled through the Beacoms. After discussion, the motion was approved on a voice vote.

4. **Update on** assisted running chair - [The Blade All-Around – Hoyt Running Chairs](#) — Jay Larsen

The chair had its debut Saturday at the Hobo Day 5K (Otto Gruenhagen pushed by his father Chris) and the Hobo Day Parade (pushed by Addison DeHaven, no rider). The chair handled well, they reported.

- Act on general liability waivers for use of the chair during practice runs — Steve Britzman was absent. Those present reviewed the waivers and suggested dropping the line “who is my _____ son/daughter” at the end of Point #2 on the waiver for pusher and riders under age 18. The waivers were approved with the aforementioned change, presuming Steve agrees. Note: Steve concurred with the change and said he expects the document to evolve.

- Approved amended Instructions for Use for users.

Jay Larsen had drafted an initial version, which went out with the agenda. Among the additions: “The runner/pusher tests pushing the chair without **AND then with a rider.**” “Runner/pusher is required to use the accompanying tether.” “The locked-in front wheel makes turns a bit harder, especially going from a street to the sidewalk.” “Downhill running requires additional attention.”

The waivers and use instructions will be kept with club records and a copy of the use instructions will be kept with the chair.

- Policy questions — Do we allow rental of the chair? Use in parade?

It was agreed the chair can be used in parades and in private use assuming the user signs appropriate waivers and the request is approved by the board. There would be no usage fee and the runner/pusher and rider would receive a complimentary entry to a Prairie Striders race.

- How do we recruit volunteer runners? Riders?

To recruit riders, it was noted that the club could contact STARS, a horse-riding organization for the disabled, or ADVANCE, which serves disabled adults. It was

agreed the chair could be available for use at the Jan. 21 indoor 5K because the surface is flat and the conditions are controlled. (Per approval by track coach Rod DeHaven.)

It also was noted a tab needs to be developed on the Prairie Striders web page.

5. Reviewed dates for 2023 races

- Prairie Striders Indoor 5k Saturday, Jan. 21
- Arbor Day 5k Friday, April 28
- Scotty Roberts 5k Friday, May 12
- Brookings Marathon, Half & Relays Sat., May 13
- Longest Day 10KSaturday, June 17*
- Beef and Eggs 5K Saturday, July 8
- Predictor Mile Wednesday, Aug. 2*
- Oakwood Lakes Trail Run Saturday, Aug. 12*
- Jack 15Saturday, Sept. 23
- Hobo Day 5K Saturday, Oct. 14
- Turkey Day Run Thursday, Nov. 23

***Date needs to be confirmed by race director**

It was agreed the 2022 Harvey Mills Friend of Running Award presented by Prairie Striders would be Jan. 21 following the Indoor 5K.

Miscellaneous

1. **Newsletter update** — Dave Graves — post marathon
2. **Scholarship note** — Ben Olson thank you

Race director reports

• **Brookings Marathon, Half Marathon & Relay** — Oct. 22 — Matt Bien reported 117 marathon finishers, 224 half marathon finishers and 22 marathon relay teams. No shows were 30%, higher than normal, which Matt attributed to people signing up in the spring and then finding they could not compete in the fall. He added the volunteer recruitment was more difficult this year. Lead biker Randy Hanson noted traffic was heavier this year.

• **Hobo Day 5K — Oct. 29** — Randy Hanson reported 280 registered and 262 finished. He ordered 360 mugs, so even with giving mugs to the 30 volunteers, there will be vintage mugs to award to top placers in 2023. The weather was good, timing went well. The only concern was the amount of vehicle traffic on the course on a particularly busy Hobo Day.

Suggestions included moving registration to Craft restaurant so there is no need for people to cross Medary in the 600 block. It also was suggested working with SDSU and the city to see about blocking off the 600 and 700 blocks of Medary Avenue earlier as

they have to be blocked off anyway for the parade. At a minimum, traffic control is needed at 7th Street.

It also was suggested to use an air horn to amplify the race start.

• **Turkey Day 5K — Nov. 24** — Randy Hanson will be gone on Thanksgiving as will Dave Graves. FCA is willing to help with set up and opening the building at the Research Park, but a race director is needed. Shari Landmark may be available. Randy and Dave are to work on the preparation.

Next meeting – Dec. 6

Note: After the Nov. 1 meeting, there was discussion about the need for the club to have insurance for liability and loss of goods. John Blatchford is to meet with an insurance agent and report at the December meeting.