



# ***Prairie Striders***<sup>TM</sup>

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## ***Running Club***

**BROOKINGS, SD EST. 1969**

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Box 504, Brookings, SD 57006

**Tuesday, March 1, 2016**

Noon, Mission Coffeehouse meeting room

**Present:** Dave Graves, president; Justin Bonnema, vice president; Jay Larsen, treasurer; Bob Bartling, Shari Landmark, Trevor Penning and Chuck Tiltrum.

### **Old Business**

1. Approved Jan. 5 minutes for posting on website

### **New Business**

1. Dave Graves reported on the status of the club's **hand-held timers**. The Chronomix printer is not working. Justin Bonnema agreed to look at it. The Ultrak, purchased May 2014, isn't working at all. Jay Larsen agreed to look at it and contact the company about possible repair. It cost just under \$300 new.
2. Larsen presented the **2015 financial report**. He noted that while membership has shrunk and dues have remained \$5, income from dues has increased thanks to more life members. The latest is Polly Larson of Volga. Membership donations also are up, from \$985 in 2007 to \$1,800 in 2015.  
Larsen said gross receipts from members continue to grow. For example, in January 2015 the club received \$2,680 compared with \$3,015 in January 2016.
3. 2016 Hall of Fame inductee **Steve Heidenreich** is to give an April 8 talk at Brookings High School and conduct a yoga-for-runners workshop April 9 at the SDSU Wellness Center, both sponsored by Prairie Striders.  
The April 8 motivational talk will be in the evening for BHS track/cross country athletes as well as the general public. Shari Landmark agreed to help Graves with publicity. The two-hour workshop will cost the club \$250 plus runners can make donations to Heidenreich, who was a world-class miler in the '70s.
4. A discuss of training for race directors and other key volunteers centered on **CPR and automated external defibrillator training**. Landmark is certified to do both and agreed to do so for up to 12 Prairie Striders members at a cost of \$25, which covers required filings. It will be held May 3 in place of our regular

meeting. Related, Graves will conduct Brookings Ambulance Service about being on standby at Prairie Striders races.

5. It was agreed to sell **Prairie Striders socks** at packet pickup for our races if the race director consents. The socks will be sold for \$8 a pair with a new member incentive of \$10 for socks and members. We will start with the triathlon registration April 28/29.
6. Team USA is encouraging communities to incorporate an Olympic Day into their June events. Members proposed designating the June 17 **Longest Day 10K** as an **Olympic Day event**. This is subject to the race director's approval. Graves will be contacting Rod DeHaven. There is no cost to register for Olympic Day.

### **Miscellaneous**

1. **SDSU Health**, an initiative that seeks to improve employee and student health, approached Prairie Striders race sponsorships. The committee agreed to: \$1,500 for Brookings Marathon (2017), \$500 for Jack 15, \$500 for Hobo Day and \$100 for Indoor 5K.
2. Dave Graves reported that after a subcommittee looked at **online membership management options** through various companies, it was decided to simply continue with paper and postage stamps.

### **Race director reports**

- Indoor 5K, Saturday, Jan. 23 --- Dave G & Jay Larsen – 57 finishers
- Frostbite Frolic, Saturday, Jan. 30 — Dave G. — 21 present, good event.
- Arbor Day, April 29 – Steve Britzman – absent.
- Scotty Roberts 5K, May 13 / Brookings Marathon, May 14 – Justin Bonnema reported that signup is stronger this year, and that the National Guard will be able to volunteer again this year.

***Next meeting – noon, April 5 at Mission Coffeehouse, First Lutheran Church***